



# STROKE REHABILITATION PROGRAM

## OUTPATIENT / REHABILITATION DAY PROGRAM OMAHA CAMPUS

**248** NUMBER OF PEOPLE SERVED IN ONE OR MORE OF THE FOLLOWING AREAS

- **Rehabilitation Day Program (RDP)**—an intense, coordinated outpatient program.
- **Traditional Outpatient (OP)**—Physical, Occupational and/or Speech Therapy 1-3 times per week. Rehabilitation Psychology available.

The average age was **63.4** years old.

Age	# Served
0–18	12
19–34	9
35–64	106
65+	121

### AMOUNT OF THERAPY

Treatment plans are designed to meet individual needs and insurance coverage. The following illustrates the average number of visits received last year:

	RDP	OP
Physical Therapy	11.7	14.5
Occupational Therapy	11.5	13.8
Speech Therapy	11.7	13.8

### AMOUNT OF THERAPY (CONT.)

As appropriate, people recovering from a stroke also received recreational therapy, social work services, rehabilitation nursing, rehabilitation psychology and/or nutrition services as part of RDP.

### LENGTH OF PROGRAM

Individuals recovering from a stroke attended RDP for an average of **14.8** days.

### EXPECTED OUTCOMES

While individual results vary, last year most individuals recovering from a stroke were functioning independently with an assistive device or needing extra time to complete tasks (modified independence level) at time of discharge.

### PATIENT SATISFACTION

- **93.9%** of stroke survivors in RDP/OP rated their overall experience as “excellent.”
- **95.4%** said they would “definitely” recommend Madonna TherapyPlus to family and friends.





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### UNPLANNED TRANSFERS TO ACUTE CARE

Last year **12** individuals with a stroke were unexpectedly admitted back to an acute care hospital while receiving outpatient services.

### ACCREDITATION

Madonna Rehabilitation Hospitals are accredited by CARF, the Commission on Accreditation of Rehabilitation Facilities, as an Outpatient Medical Rehabilitation Program and Stroke Specialty Program.

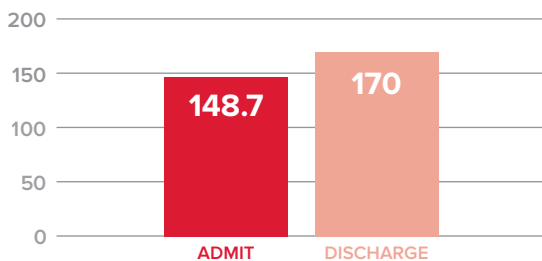
### LIFE AFTER REHABILITATION

Individuals in RDP are encouraged to participate in activities that promote community re-entry and resumption of life roles, including:

- Independent Living Skills Training
- Adaptive Sports & Recreation
- Transitions Group (community living, advocacy, adjustment)
- Work Re-Entry

### INDEPENDENCE LEVEL

Patients recovering from a stroke<sup>1</sup> in Madonna's Rehabilitation Day Program made progress toward independence as measured by the Functional Assessment Measure (FAM). Activities including transfers, dressing, community access and locomotion are rated on a 1-7 scale and totaled.



Total Change-Admission to Discharge